

# | Surviving Market Swings

**In this workshop, you'll learn about:**

- > Strategies for combating stress when the market drops
- > Ways to attempt to prepare for financial storms
- > Things to watch for in an ever-changing market

**Lunch for in-person, Gift card raffle for online.**

**Join Us**

Wednesday, July 20  
12:00 PM - 1:00 PM | Eastern  
Online Webinar or  
River Road Conference Room

**Register**

[elements.org/americanstructurepoint](https://elements.org/americanstructurepoint)



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