

# FREE LUNCH & LEARN WORKSHOP

By Elements Wealth Management

## | Beginners Guide to Investing

### In this workshop, you'll learn about:

- > The basics of investing including stocks, bonds, and mutual funds
- > An overview of the stock market and why it shifts
- > Strategies for planning for your retirement

Lunch will be Provided!

### Join Us

Thursday, August 11  
12:00 PM - 1:00 PM | Eastern  
Flex Room South

### Register

[elements.org/goodwill](https://elements.org/goodwill)



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