

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# The Many Moods of Money

**In this workshop, you'll learn about:**

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

**lunch provided.**

## Join Us

**Monday, August 8**  
**12:00 PM - 1:00 PM | Eastern**  
**Tobey Drive Break Room**

## Register

[elements.org/lenexsteel](https://elements.org/lenexsteel)

