

## WORKSHOP

By Elements Financial | Your Credit Union Partner

# The Many Moods of Money

**In this workshop, you'll learn about:**

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

### Join Us

Tuesday, October 13  
12:00 PM - 1:00 PM | Eastern  
Form Shop Class Room

### Register

[elements.org/wilhelm](https://elements.org/wilhelm)

