

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# Understanding Your Budget in 20 Minutes

In this 20-minute webinar, you'll learn about:

- > Why setting goals is the first step to budgeting
- > How your financial behaviors impact your wallet
- > Practical tips for managing your monthly spending

Earn 35 Vitality Points for attending!

## Join Us

**Thursday, February 18**  
**11:00 AM - 11:30 AM | Eastern**  
**Online Webinar**



## Register

[elements.org/allison](http://elements.org/allison)

