

# WORKSHOP

By Elements Financial | Your Credit Union Partner

## Understanding Your Budget in 20 Minutes

In this 20-minute webinar, you'll learn about:

- > Why setting goals is the first step to budgeting
- > How your financial behaviors impact your wallet
- > Practical tips for managing your monthly spending

**Earn 35 Vitality Points for attending!**

### Join Us

Thursday, February 18  
8:30 AM - 9:00 AM | Eastern  
Online Webinar

### Register

[elements.org/allison](https://elements.org/allison)

