

# FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

## | All Hands on Debt

### In this workshop, you'll learn about:

- > Spending patterns that lead to debt.
- > Rebuilding financial life after debt.
- > Strategies for reducing or paying off debt.

Lunch will be provided.

### Join Us

Tuesday, August 31

11:30 AM - 12:30 PM | Eastern



### Register

[elements.org/d2lwr](https://elements.org/d2lwr)

