

WORKSHOP

By Elements Financial | Your Credit Union Partner

| Money on Your Mind

In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

Join Us

Tuesday, December 5

**11:30 AM - 12:00 PM | Central
Online Webinar**



Register

elements.org/franciscan



Franciscan **HEALTH**