

# FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

# Understanding Your Budget

## In this workshop, you'll learn about:

- > Why setting goals is the first step to budgeting
- > How your financial behaviors impact your wallet
- > Practical tips for managing your monthly spending

**Lunch provided!**

## Join Us

Thursday, July 20  
11:30 AM - 12:00 PM | Eastern  
Multi Purpose Room

## Register

[elements.org/gmicorp](https://elements.org/gmicorp)

