

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# The Many Moods of Money

**In this workshop, you'll learn about:**

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

## Join Us

Thursday, December 9  
11:30 AM - 12:30 PM | Eastern  
Online Webinar

## Register

[elements.org/goodwill](https://elements.org/goodwill)

