

# WORKSHOP

By Elements Financial | Your Credit Union Partner

## | All Hands on Debt

### In this workshop, you'll learn about:

- > Spending patterns that lead to debt.
- > Rebuilding financial life after debt.
- > Strategies for reducing or paying off debt.

### Join Us

Thursday, November 3  
2:00 PM - 3:00 PM | Eastern  
Training Room

### Register

[elements.org/hardingpoorman](https://elements.org/hardingpoorman)

