## **FREE LUNCH & LEARN WORKSHOP**

By Elements Financial | Your Credit Union Partner

# Money on Your Mind

### In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

We will do a raffle for a \$20 gift card for those who attend! Lunch will be provided as well.

#### Join Us

Tuesday, January 9 12:00 PM - 1:00 PM | Eastern **West Campus - Operations Conference** Room

### Register

elements.org/indygo



