

# WORKSHOP

By Elements Financial | Your Credit Union Partner

## | All Hands on Debt

### In this workshop, you'll learn about:

- > Spending patterns that lead to debt.
- > Rebuilding financial life after debt.
- > Strategies for reducing or paying off debt.

**Lunch will be provided for all in person participants**

### Join Us

Thursday, April 9  
12:00 PM - 1:00 PM | Eastern  
Online Webinar or  
People's Health Center  
Conference Room



### Register

[elements.org/indyhealthnet](https://elements.org/indyhealthnet)

