

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# | Money on Your Mind

## In this workshop, you'll learn about:

- > How your emotions impact your wallet
- > Managing financial conversations in relationships
- > Strategies for avoiding financial stress

Earn 25 wellness points when you attend this workshop!

**Reminder: attend all 2024 Financial Wellness events and earn an additional 25 wellness points!**

## Join Us

Tuesday, January 30  
9:00 AM - 9:45 AM | Eastern  
Online Webinar

## Register

[elements.org/indypl](https://elements.org/indypl)

