

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# All Hands on Debt 'Live' 12-1pm

## In this workshop, you'll learn about:

- > Spending patterns that lead to debt.
- > Rebuilding financial life after debt.
- > Strategies for reducing or paying off debt.

**Those who attend this Live webinar will receive a \$10 gift card!**

## Join Us

Thursday, January 14  
12:00 PM - 1:00 PM | Eastern  
Online Webinar



## Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health