

# WORKSHOP

By Elements Financial | Your Credit Union Partner

## | All Hands on Debt

### In this workshop, you'll learn about:

- > Spending patterns that lead to debt.
- > Rebuilding financial life after debt.
- > Strategies for reducing or paying off debt.

### Join Us

Friday, January 22  
6:00 AM - 7:00 PM | Eastern  
Online Webinar



### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health