

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# | All Hands on Debt

**In this workshop, you'll learn about:**

- > Spending patterns that lead to debt.
- > Rebuilding financial life after debt.
- > Strategies for reducing or paying off debt.

## Join Us

**Friday, January 22**

**6:00 AM - 7:00 PM | Eastern**  
**Online Webinar**



## Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health