All Hands on Debt LIVE 12-1pm

In this workshop, you'll learn about:

- > Spending patterns that lead to debt
- > Rebuilding financial life after debt
- > Strategies for reducing or paying off debt

Join Us

Wednesday, September 22 12:00 PM - 1:00 PM | Eastern Online Webinar

Register <u>elements.org/</u>iuhealth







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