

## WORKSHOP

By Elements Financial | Your Credit Union Partner

# All Hands on Debt LIVE 12-1pm

In this workshop, you'll learn about:

- > Spending patterns that lead to debt
- > Rebuilding financial life after debt
- > Strategies for reducing or paying off debt

### Join Us

Wednesday, September 22  
12:00 PM - 1:00 PM | Eastern  
Online Webinar

### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health