

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# All Hands on Debt 6am-7pm

In this workshop, you'll learn about:

- > Spending patterns that lead to debt
- > Rebuilding financial life after debt
- > Strategies for reducing or paying off debt

**This one hour webinar is available to view between 6am-7pm**

## Join Us

Monday, September 27  
6:00 AM - 7:00 PM | Eastern  
Online Webinar



## Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health