## All Hands on Debt 6am-7pm

In this workshop, you'll learn about:

- > Spending patterns that lead to debt
- > Rebuilding financial life after debt
- > Strategies for reducing or paying off debt

This one hour webinar is available to view between 6am-7pm

## Join Us

Monday, September 27 6:00 AM - 7:00 PM | Eastern Online Webinar

## Register

elements.org/iuhealth





