

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# Freshen Up Your Finances in 20 Minutes

**In this workshop, you'll learn about:**

- > Resetting your finances after holiday spending
- > Expert tips on paying down debt and saving more money
- > Strategies for achieving your financial goals

## Join Us

Monday, January 24  
12:00 PM - 12:30 PM | Eastern  
Online Webinar

## Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health