

## PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

# Understanding Your Spending

In this workshop, you'll learn about:

- > Basic strategies to better manage your money
- > The steps to take to reach your financial goals
- > How your spending habits impact your finances

**This 30 minute webinar is available to view between 6am-7pm**

### Join Us

Tuesday, July 26

Available to view 6:00 AM - 7:00 PM | Eastern  
Online Webinar



### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health