

# PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

## | Inflation & You

In this workshop, you'll learn about:

- > The basics of inflation
- > Why the federal reserve raises interest rates during inflationary times
- > How to combat raising prices

**You may view this 30 minute recorded webinar any time on this day between 5am-10pm.**

### Join Us

Thursday, March 23

Available to view 5:00 AM - 10:00 PM |

Eastern

Online Webinar

### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health