

# WORKSHOP

By Elements Financial | Your Credit Union Partner

## | All Hands on Debt

In this workshop, you'll learn about:

- > Spending patterns that lead to debt
- > Rebuilding financial life after debt
- > Strategies for reducing or paying off debt

### Join Us

Friday, June 23  
12:00 PM - 12:30 PM | Eastern  
Online Webinar



### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health