

## WORKSHOP

By Elements Financial | Your Credit Union Partner

# Savvy Shopping & Celebrating

The holiday season is such a busy time for people with many wonderful aspects. There are financial challenges that surround it though, too – especially in a year of inflation. Rather than taking on debt to shop and celebrate this year, learn ideas to keep your gifting and parties lower cost yet still meaningful and memorable.

You'll hear from a panel of our Elements financial wellness experts.

Closed captioning available.

### Join Us

Tuesday, November 21  
12:00 PM - 12:30 PM | Eastern  
Online Webinar

### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health