

## PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

# Understanding Your Spending

In this workshop, you'll learn about:

- > Basic strategies to better manage your money
- > The steps to take to reach your financial goals
- > How your spending habits impact your finances

**You may view this 30 minute recorded webinar any time on this date from 5am until 10pm \***

### Join Us

**Tuesday, November 21**

**Available to view 5:00 AM - 10:00 PM |**

Eastern

**Online Webinar**

### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health