

## PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

# | All Hands on Debt

In this workshop, you'll learn about:

- > Spending patterns that lead to debt
- > Rebuilding financial life after debt
- > Strategies for reducing or paying off debt

**You may view this 30 minute recorded webinar any time between 5:00am-10:00pm\***

### Join Us

Wednesday, November 29

Available to view 5:00 AM - 10:00 PM |

Eastern

Online Webinar

### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health