

# PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

# | Inflation & You

In this workshop, you'll learn about:

- > The basics of inflation
- > Why the federal reserve raises interest rates during inflationary times
- > How to combat raising prices

**You may view this 35 minute recorded webinar any time on this date from 5am-10pm\***

## Join Us

Wednesday, March 20

Available to view 5:00 AM - 10:00 PM |

Eastern

Online Webinar

## Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health