

## WORKSHOP

By Elements Financial | Your Credit Union Partner

# Understanding Your Spending

In this workshop, you'll learn about:

- > Basic strategies to better manage your money
- > The steps to take to reach your financial goals
- > How your spending habits impact your finances

### Join Us

Wednesday, August 21  
12:00 PM - 12:30 PM | Eastern  
Online Webinar

### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health