## FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

# Senior Care Advising

#### In this Workshop, you'll learn about:

- > How to prepare for long-term care for yourself or a loved one
- > The signs of aging and when it's time to look at care options
- > Your options for elder care support

Lunch will be provided!

### Join Us

Wednesday, May 21
12:00 PM - 1:00 PM | Eastern
IU Health Supply Chain - Plainfield
Training Room

#### Register

elements.org/iuhealth





