

# FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

## | Senior Care Advising

### In this Workshop, you'll learn about:

- > How to prepare for long-term care for yourself or a loved one
- > The signs of aging and when it's time to look at care options
- > Your options for elder care support

**Lunch will be provided!**

### Join Us

Tuesday, July 15  
12:00 PM - 1:00 PM | Eastern  
IU Health Bedford  
Bass Conference Room



### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health