# **WORKSHOP**

By Elements Financial | Your Credit Union Partner

# Financially Navigating Life's Transitions

### In this workshop, you'll learn about:

- > How major life transitions impact your finances, from career changes to retirement and everything in between.
- > Practical strategies to financially prepare for each stage of life, reduce stress, and protect your future.
- > Why planning, communication, and adaptability are key to navigating change with financial confidence.

### Join Us

Wednesday, January 7
12:00 PM - 12:45 PM | Eastern
Online Webinar

## Register

elements.org/iuhealth





