

# PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

# Financially Navigating Life's Transitions

## In this workshop, you'll learn about:

- > How major life transitions impact your finances, from career changes to retirement and everything in between.
- > Practical strategies to financially prepare for each stage of life, reduce stress, and protect your future.
- > Why planning, communication, and adaptability are key to navigating change with financial confidence.

## Join Us

Tuesday, January 20

Available to view 5:00 AM - 10:00 PM |

Eastern

Online Webinar

## Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health