

## WORKSHOP

By Elements Financial | Your Credit Union Partner

# Budgeting Techniques for Financial Success

### In this workshop, you'll learn about:

- > Understand why budgeting is essential for financial stability and how common challenges affect real people.
- > Explore a variety of proven budgeting methods to find the one that fits your lifestyle.
- > Learn about top budgeting tools and apps to help you track spending, stay on target, and reach your goals.

### Join Us

Thursday, February 12  
12:00 PM - 12:45 PM | Eastern  
Online Webinar

### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health