

# PRE-RECORDED WORKSHOP

By Elements Financial | Your Credit Union Partner

## | All Hands on Debt

### In this workshop, you'll learn about:

- > Spending patterns that lead to debt.
- > Rebuilding financial life after debt.
- > Strategies for reducing or paying off debt.

### Join Us

Tuesday, February 17

Available to view 5:00 AM - 10:00 PM |

Eastern

Online Webinar

### Register

[elements.org/iuhealth](https://elements.org/iuhealth)



Indiana University Health