

# WORKSHOP

By Elements Financial | Your Credit Union Partner

# The Many Moods of Money

**In this workshop, you'll learn about:**

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

## Join Us

Monday, May 18  
9:00 AM - 10:00 AM | Eastern  
Tobey Drive Break Room

## Register

[elements.org/lenexsteel](https://elements.org/lenexsteel)

