

## WORKSHOP

By Elements Financial | Your Credit Union Partner

# The Many Moods of Money

### In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

**Attend for your chance to win a \$25 gift card!**

### Join Us

**Monday, September 20**  
**9:00 AM - 10:00 AM | Eastern**  
**Tobey Drive Break Room**

### Register

[elements.org/lenexsteel](https://elements.org/lenexsteel)

