## The Many Moods of Money

## In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

lunch provided.

## Join Us

Monday, August 8 12:00 PM - 1:00 PM | Eastern **Tobey Drive Break Room** 

## Register

elements.org/lenexsteel





