

# FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

## Senior Care Advising

In this workshop, you'll learn about:

> How to prepare for long-term care for yourself or a loved one

> The signs of aging and when it's time to look at care options

> Your options for elder care support

### Join Us

Thursday, October 9  
11:30 AM - 12:30 PM | Eastern  
Multi-Purpose Room

### Register

[elements.org/merici](https://elements.org/merici)

