

# WORKSHOP

By Elements Financial | Your Credit Union Partner

## Financially Navigating Life's Transitions

### In this workshop, you'll learn about:

- > How major life transitions impact your finances, from career changes to retirement and everything in between.
- > Practical strategies to financially prepare for each stage of life, reduce stress, and protect your future.
- > Why planning, communication, and adaptability are key to navigating change with financial confidence.

**Lunch will be provided by in person attendees!**

### Join Us

Thursday, November 19

12:00 PM - 1:00 PM | Eastern

Online Webinar or

Lower Level Conference Room - Vannoy



### Register

[elements.org/miso](https://elements.org/miso)

