

# FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

# Understanding Your Spending

## In this workshop, you'll learn about:

- > Preparing a personal simplified budget.
- > Your unique financial strengths and weaknesses.
- > Accelerated resources that will help you restructure and consolidate your debt.

**Snacks will be provided!**

## Join Us

Thursday, January 23  
3:00 PM - 4:00 PM | Eastern  
Training Room

## Register

[elements.org/newsunshine](https://elements.org/newsunshine)

