

# FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

## Understanding Your Spending

**In this workshop, you'll learn about:**

- > Preparing a personal simplified budget.
- > Your unique financial strengths and weaknesses.
- > Accelerated resources that will help you restructure and consolidate your debt.

**Lunch will be provided!**

### Join Us

Thursday, January 23  
12:00 PM - 1:00 PM | Eastern  
Training Room



### Register

[elements.org/newsunshine](https://elements.org/newsunshine)

