

# FREE LUNCH & LEARN WORKSHOP

By Elements Wealth Management

## | Surviving Market Swings

In this workshop, you'll learn about:

- > Strategies for combating stress when the market drops.
- > Ways to attempt to prepare for financial storms.
- > Things to watch for in an ever-changing market.

Lunch will be provided!

### Join Us

Wednesday, February 12  
11:00 AM - 11:45 AM | Eastern  
Tower - Flag Room - 12th Floor

### Register

[elements.org/oneamerica](https://elements.org/oneamerica)



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