

# WORKSHOP

By Elements Financial | Your Credit Union Partner

## | Money on Your Mind

### In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

\*Lunch provided for in-person attendees!

**All attendees will be entered to win a gift card!**

### Join Us

Monday, June 15

11:30 AM - 12:30 PM | Eastern

Online Webinar or

Tower - Founders Room - 12th Floor

### Register

[elements.org/oneamerica](https://elements.org/oneamerica)

