

# FREE LUNCH & LEARN WORKSHOP

By Elements Wealth Management

## | Surviving Market Swings

### In this workshop, you'll learn about:

- > Strategies for combating stress when the market drops
- > Ways to attempt to prepare for financial storms
- > Things to watch for in an ever-changing market

**Lunch will be Provided!**

### Join Us

Wednesday, September 28  
11:00 AM - 11:45 AM | Eastern  
AV West



### Register

[elements.org/smc](https://elements.org/smc)



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