

# FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

# All Hands on Debt- 12:00

## In this workshop, you'll learn about:

- > Spending patterns that lead to debt.
- > Rebuilding financial life after debt.
- > Strategies for reducing or paying off debt.

Lunch will be provided!

## Join Us

Tuesday, December 13

12:00 PM | Eastern

AV West

## Register

[elements.org/smc](https://elements.org/smc)

