

# FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

## | Inflation & You

In this Workshop, you'll learn about:

- > The basics of inflation
- > Why the federal reserve raises interest rates during inflationary times
- > How to combat rising prices

**Lunch will be provided!**

### Join Us

Wednesday, March 1  
11:00 AM - 11:45 AM | Eastern  
AV West

### Register

[elements.org/smc](https://elements.org/smc)

