

FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

| Money on Your Mind

In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

Lunch will be provided!

Register

elements.org/smc

Join Us

Tuesday, September 26
11:00 AM - 11:45 AM | Eastern
AV West

Tuesday, September 26
12:00 PM - 12:45 PM | Eastern
AV West

