## Money on Your Mind

## In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

Attend for your chance to win a gift card!

## Join Us

Wednesday, April 5
2:00 PM - 3:00 PM | Eastern
Online Webinar

## Register

elements.org/trimedx



